

The Good News!

JULY

2010



St. Alban's Episcopal Church

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Church office hours: Monday — Friday 8 am to 4 pm

Rector's Reflections



Dear brothers and sisters in Christ,

July in Pentecost, 2010

Within the space of 24 hours, I officiated at a wedding of a young couple and attended a party for a couple who'd been married 50 years. Each couple were at opposite stages of married life—an alpha and an omega—but they had many things in common. One was an awareness that their love was a central fact of their lives. And the other was an awareness that they were grateful to their friends and family for supporting their relationship. At the wedding reception on Saturday and the anniversary party on Sunday, each couple took a moment to thank all of the people gathered to celebrate with them.

It made me think of the value of genuine community. Communities that are supportive and caring help us become the persons we were created to be. In healthy communities, we are enabled to find the true core of our being. We are enabled to accept ourselves. When we diverge from our best selves, we learn the art of forgiveness because the community forgives us. We work out our thoughts and feelings with others, often learning and growing as we discuss, especially when we discuss issues with others who differ from us. We are not meant to live our lives alone! God has given us each other, to become a part of something bigger than ourselves; to share joys and sorrows, life and death; and to become more human in the process.

While the practice of prayer, solitude and interior conversation is central to us as Christians, so is our life in God's community, the church. Spirituality and community are like night and day—one follows the other as we circle around our life in God. Rejoice in all of the communities that support you and give you strength. But give yourself time to be a part of this community of your brothers and sisters in Christ. Share who you are. Care! Give of yourself. For as you do, you will find even deeper traces of the One who loves humanity so much that He became one of us. And through that gift, gave us each other.

And what a difference that makes.

Yours in Christ's community,

Susan +

Stewardship Moment

Thanks to your faithful giving, we are going into the summer a bit ahead in our revenues! But, we have also had extra expenses due to the repair of a structural wall and to the organ. Any extra generosity would be greatly appreciated, especially during the summer when so many are away.

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Worship Services

Sundays:

8 am Holy Eucharist
10 am Holy Eucharist

Parish Staff

The Rev. Susan W. Klein, Rector
The Rev. Norm Ishizaki, Rector Emeritus
The Rev. Warner Traynham, Assisting Priest
Darren Motise, Minister of Music
James Vail, Organist and Choirmaster Emeritus
Nancy John, Administrator
Gordon Toler, Sexton

Church School Attendant

Lisa Atmodjo

Vestry

Christine Mason, Sr. Warden
Alexei Helmbock, Jr. Warden
Rudy Marloth, Treasurer
Vivian Hay, Clerk

Kerygma will return in August

On Wednesdays, from 10:30 am—11:45, we pull out Bibles, commentaries, and our own beliefs and ideas to explore the scriptures in depth. Meet us some Wednesday in the library and join in a very stimulating conversation!

Mid-week Holy Eucharist

Take a mid-week moment and refresh yourself spiritually by joining us for our Noon-time Holy Eucharist. **Every Wed. at noon** in the Chapel. Bring a friend!

Pilgrim's Way (Small Group)

Fridays at 1:00pm in the Library.

Beginning this Fall, the Reverend Glen Libby will be our Chaplain for UCLA. Glen has been the Chaplain for USC and will now be sharing his time with us. He will join us sometime in September.

Congratulations to Catherine Lhamon, member of our Vestry and Director of Impact Litigation for the office of the Public Counsel. Catherine has been named one of the top 75 women litigators in California by the *California Daily Journal*.

Congratulations to Khalif and Vicki Edwards upon the birth of their son, Braydon Gerhard.

Picnic in the Park!

Picnic in the park is returning on **July 22nd and August 19th at 6:30 p.m.**

We gather by the playground at Holmby Park, 601 Club View Dr., (Beverly Glen and Club View Dr.)

Please bring a salad, dessert or beverage to share.
Parking is easy!

Music Workshop!

MUSIC WORKSHOPS

ON JULY 14 AND 28, at 7:00 pm join the choir and Darren as we have two evenings in which we sing some new settings of the Eucharist and hymns! Coffee and dessert will be provided.

Join us for These Weekly Services and Activities!

Sunday

8:00 am Holy Eucharist
(Chapel)

9:00 am Adult Forum
(Library)

10:00 am *Choral Eucharist
(main Church)

*Nursery and Church school available

*See usher or website for Sunday Parking permits

Wednesday

12:00 Noon Holy Eucharist
(Chapel)

Thursday

5:30 pm Centering Prayer
(church apse)

Friday

1:00 pm Pilgrim's Way
Small Group
(Library)

July Activities

July 14 Wed. 7:00 pm Music Workshop
(Chancel area)

July Activities cont'd...

July 18 Sun. 7:00 pm Book Club
(Carol Cummings's home)

June 19 Mon. 6:00 pm Finance Cmte. Mtg
(Library)

July 21 Wed. 12:30 pm Lunch Bunch!
Join us for a \$5 lunch & million-dollar fellowship!

July 22 Thur. 6:30 pm Picnic in the Park
Holmby Park
See above article

July 26 Mon. 6:00 pm Book Discussion & Vestry Meeting
(Library)

July 28 Wed. 7:00 pm Music Workshop
(Chancel Area)

Monthly Outreach Opportunity

Reach out with us every **SECOND** Sunday of the month...

Join us on the **SECOND** Sunday of the month as we work together on a variety of projects to help our community. In the month of May we met after the 10 am service and put together care-packages for homeless shelters. It was a tremendous time of fellowship, fun, and good will. You can call the office for more information: 310.208.6516. Or you may e:mail Katy Palfrey < k.palfrey@foundanimals.org >

Parish Community News Board

July Prayer List

Pray with us for the special needs and concerns of our congregation.

For Betty Jones, Ann Shannon, Courtney Williams, Miranda Reem, Katherine Wright, Josephine Donor, Gene Woods, Fr. Norm Ishizaki and Velda, Nick Scarmack Sr., the Lacey Family, Janet Humphrey.



For our Military: Capt. David Tanen, Lt. Ryan Klint,

St. Alban's "Lunch Bunch" (pray and stay)

Each month's Lunch Bunch gathering continues to be a blessed time of fellowship as we get to know our fellow parishioners. The lunch is open to anyone in the congregation. We will have our next lunch (\$5 per person) on Wed., July 21, starting with the Noon Eucharist and finishing with lunch from 12:30 —1:30 p.m. A sign-up sheet will be on the patio for you to indicate whether you can join us. Please do!

Book Club

For the Month of July we'll be reading *The Bolter*, by Frances Osborne. It is

the real story of the colorful life of Lady Idina Savillee in the early decades of the 20th century. We will be meeting at 7 pm on July 18, in the home of Carol Cummings.

E-Donations...

If you are interested in making contributions via the internet, go to Stalban-westwood.com and go to the link "e-donations" and follow the easy directions! A small step in becoming "green" as a church as well as increasing the ease in which our parish body and community can give.

Friday Small Group

We are continuing to discuss, *Thank You For Being Such a Pain: Spiritual Guidance for Dealing with Difficult People*. We meet in the Library from 1pm- 2:30 pm on Fridays. If you have any questions, please feel free to contact John Hirning for more information: 310. 985. 5144/ jhirning@ucla.edu

Centering Prayer

We have formed a Centering Prayer group on Thursdays from 5:30 p.m. To approximately 6:15 p.m. We meet in the Church Apse. The practice of centering prayer seeks to still the activity of the

mind in order to experience a loving awareness of God's presence.

Fundraiser Postponed

We have **MOVED** the fundraiser for Haiti, originally planned for June 12, to October. Once our plans grew to include the professor, the signature drink, the possible merits of a beach venue (not to mention the goat) we realized we needed a few more months to pull off a spectacular occasion. Stay tuned!

New Addresses:

Eileen McHenry is now settled and happy in West Virginia. If you would like to get in touch with her, her new address is: #4 Wyn-gate Drive, Parkersburg, West Virginia 26104.

Bob and Betsy Cahall

are also happily settle in their new abode. They may be reached at : 3 Pursuit Drive, Aliso Viejo, Ca. 92656.

SAVE THE DATE: There will be a parish lunch on Sept. 12 to discuss the 5 year plan for St. Alban's.

The Good News

St. Alban's Episcopal Church
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Los Angeles, CA 90024

Phone: 310.208.6516
Fax: 310.208.6389

We celebrate the grace and love of God in worship and prayer, and seek to follow God's example in the fellowship we offer.

We're on the WEB!
www.stalbanswestwood.com

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Welcome!

Help Communities Devastated by Gulf Oil Spill Today

Episcopal Community Services of the Diocese of Louisiana (ECSLA) is providing impacted residents in the bayous of Terrebonne with critical support including grocery and gas vouchers, legal assistance, pastoral care and information referrals. The major goals are to meet immediate needs, help people work through their legal claims and increase individual and community resilience in navigating the current challenges. Episcopal Relief & Development is supporting this emergency response. "ECSLA has been able to leverage their existing ministries and connections and build on the knowledge gained during the Katrina response, which has given them a real advantage in responding to this crisis," said Katie Mears, Episcopal Relief & Development's Program Manager for USA Disaster Preparedness and Response. As the disaster unfolds, Episcopal Relief & Development will work with the Dioceses of Mississippi and the Central Gulf Coast, which are currently conducting needs assessments in areas damaged by the oil spill.

Here's how you can help today:

1. Pray for people impacted by the oil leak.
2. Give to our USA Disaster Response Fund to help those in need.
3. Send encouraging notes or cards to affected residents. Please mail to: Oil Spill Card Initiative, P.O. Box 5026, Baton Rouge, LA 70821-5026.

Your partnership is vital in reaching Gulf Coast residents who have lost their livelihoods due to this crisis. Please donate by filling out the coupon and mailing it with your check or credit card information. You may also call 800.334.7626, ext. 5129, or visit www.er-d.org.