

The Good News!

AUGUST
2010



Sanctus Altissimus

St. Alban's Episcopal Church

Church office hours: Monday — Friday 8 am to 4 pm

Rector's Reflections



Dear Brothers and Sisters in Christ,

August in Pentecost, 2010

In a month from now, I will be getting ready to go on the first installment of my sabbatical, a 10 week period of rest and reflection offered to me, (as per diocesan requirements), when I accepted the call to come to St. Alban's and be your rector in 2004.

This year, I'm taking 5 weeks; next year the other 5 weeks. What I'll be doing this Fall is very exciting to me. I will be "Pastor in Residence" at Eden Seminary in St. Louis. Eden Seminary, the seminary attended by both Richard and Reinhold Neibuhr, is a United Church of Christ seminary, but it has many local Episcopal Students unable to go away to an Episcopal Seminary due to the pressure of jobs and families. I'll be working, however, as a general pastor to the community, and living in an apartment on campus.

Since so much of my extended family lives in St. Louis, I will have the opportunity to be a part of their life together. Also, my first church is there and thriving. It will be fun to worship with them again.

My time away will begin on September 23rd and end on October 31st. During this time, you will be served by our good friend, the Reverend Warner Traynham. Warner will be assisted by the Reverend Larry Brown, who has preached here once before. The parish will also be in the capable hands of Chris Mason, Senior Warden, who is the "authority" named by the By-Laws to be in charge during the Rector's absence.

While I will miss you, I know it is time for me to get away and recharge my batteries for a significant amount of time. For the 6 years of my tenure here, all of us have been working extremely hard to re-engage our community in its ministry and mission. It will be a good thing for me to reflect on where we've been and where God might be leading us. I turn 60 next year, which I can hardly believe. As with all of us, I need to take a look around and get some perspective on how I am spending my time and energy.

Until then, there is much to do. Please join me and your vestry in its programs and activities. Get involved! Let's continue to make a difference in our community. Christ is counting on us, of that I am sure.

*Yours,
Susan +*

Preparing for Pilgrimage!

Next April, we are planning to make a pilgrimage to the Holy Land. This will be a unique chance to explore the roots of our faith during a most important time of the Church Year. We plan to be there during the last 10 days of Lent, up to and including Palm Sunday. We are working out the details now, and we will have an informational meeting in September; to be included on our first mailing, please let Susan know. Join Susan Klein, Claudia Rapp, and others as we take this journey together.

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Worship Services

Sundays:

8 am Holy Eucharist
10 am Holy Eucharist

Parish Staff

The Rev. Susan W. Klein, Rector
The Rev. Norm Ishizaki,
Rector Emeritus
The Rev. Warner Traynham,
Assisting Priest
Darren Motise, Minister of Music
James Vail, Organist and
Choirmaster Emeritus
Nancy John, Administrator
Gordon Toler, Sexton

Church School Attendant
Lisa Atmodjo

Vestry

Christine Mason, Sr. Warden
Rudy Marloth, Treasurer
Vivian Hay, Clerk

Mid-week Holy Eucharist

Take a mid-week moment and refresh yourself spiritually by joining us for our Noon-time Holy Eucharist. **Every Wed. at noon** in the Chapel. Bring a friend!

Pilgrim's Way (Small Group)

Join us Fridays at 1:00pm in the Library.



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**UCLA
SUN**

7^{am} -- 3^{pm}
STRUCTURE 2
EXPIRES
JUNE 30, 2012

Picnic in the Park!

Join us for some great food and fellowship!
August 19th at 6:30 p.m.

We gather by the playground at
Holmby Park, 601 Club View Dr.,
— **park on Comstock**

Please bring a salad, dessert or beverage to share.
Parking is easy!

It's All About the Psalms...

On Wednesday mornings from 10:30 --11:45, we are looking at the ways people use the Psalms now in prayer, the ways that people have thought about them over the last 3000 years, different translations of them, and anything else that strikes our fancy. We started with the best-known psalm of all, Psalm 23, and will move on to other psalms that interest us. All are welcome!

Join us for These Weekly Services and Activities!

Sunday

8:00 am Holy Eucharist
(Chapel)

9:00 am Adult Forum
(Library)

10:00 am *Choral Eucharist
(main Church)

*Nursery and
Church school available

**See usher or website for
Sunday Parking permits*

Wednesday

10:30 am Study of Psalms

12:00 Noon Holy Eucharist
(Chapel)

Thursday

5:30 pm Centering Prayer
(church apse)

Friday

1:00 pm Pilgrim's Way
Small Group
(Library)

August Activities

**Aug. 15
Sun.** Book Club
Place TBA

7:00 pm

**Aug. 16
Mon.** Finance Cmte. Mtg
(Library)

6:00 pm

**Aug 19
Thur.** Picnic in the Park
Holmby Park
6:30 pm See above article

**Aug. 23
Mon.** Book Discussion &
Vestry Meeting
6:00 pm (Library)

**Aug. 25
Wed.** Lunch Bunch!
12:30 pm Join us for a \$5 lunch &
million-dollar fellowship!

Monthly Outreach Opportunity

Reach out with us on the Second Sunday of August, (8/8)!

Join us as we work together on a variety of projects to help our community.

we meet after the 10 am service and put together care-packages for homeless shelters— or any other pressing project that can be done in one Sunday!

It is a tremendous time of fellowship, fun, and good will.

You can call the office for more information: 310.208.6516.

Or you may e:mail Katy Palfrey < k.palfrey@foundanimals.org >

Parish Community News Board

August Prayer List

For Betty Jones, Ann Shannon, Courtney Williams, Miranda Reem,

Katherine Wright, Josephine Donor, Gene Woods, Fr. Norm Ishizaki and Velda, the Lacey Family, Janet Humphrey John

MacLaurin, Chuck Doak, Harry Spiegelberg, Jill Baldauf, John Murray

And for our Military!



St. Alban's "Lunch Bunch"

(pray and stay) Each month's Lunch Bunch gathering continues to be a blessed time of fellowship as we get to know our fellow parishioners. The lunch is open to anyone in the congregation.,

We will have our next lunch (\$5 per person) on Wed., August 25, starting with the Noon Eucharist and finishing with lunch from 12:30 —1:30 p.m. A sign-up sheet will be on the patio for you to indicate whether you can join us. Please do!

Book Club

For the Month of August we'll be reading *The Bolter*, by Frances Osborne. It is

the real story of the colorful life of Lady Idina Savillee in the early decades of the 20th century. We will be meeting at 7 pm on August 15, Place TBA

Enjoy the Convenience of Electronic Giving...

We'd like to remind you that we offer electronic giving as a way to automate your regular weekly offering. Electronic giving offers convenience for our members and much-needed donation consistency for our congregation.

It is so easy to set up electronic donations. Just follow the instructions on our website: www.stalbanswestwood.com.

It's simple! If you'd rather, you can fill out a form we have here in the office, and we'll set it up for you.

As you contemplate future contributions, please consider electronic giving!

Friday Small Group

We have decided to hold off on reading books for a little while; instead, each Friday, we will be looking at one of the upcoming Scripture readings for Sunday. We've enjoyed doing this in the past and comparing our discussion results with the content of the sermon. Will the preacher visit some of the same ideas that the Friday discussion group has discussed, or

will she take the sermon in an entirely different direction? All are welcome! If you have any questions, please feel free to contact John Hirning for more information: 310. 985. 5144/ jhirning@ucla.edu.

Centering Prayer

We have formed a Centering Prayer group on Thursdays from 5:30 p.m. To approximately 6:15 p.m. We meet in the Church Apse. The practice of centering prayer seeks to still the activity of the mind in order to experience a loving awareness of God's presence.

New Addresses:

Eileen McHenry

is now settled and happy in West Virginia. If you would like to get in touch with her, her new address is:

#4 Wyngate Drive,
Parkersburg, West Virginia 26104.

Bob and Betsy Cahall

are also happily settle in their new abode. They may be reached at :
3 Pursuit Drive, Aliso Viejo, Ca. 92656.

The Good News

St. Alban's Episcopal Church
580 Hilgard Avenue
Los Angeles, CA 90024

Phone: 310.208.6516
Fax: 310.208.6389

We celebrate the grace and love of God in worship and prayer, and seek to follow God's example in the fellowship we offer.

We're on the WEB!
www.stalbanswestwood.com

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Return Service Requested

Welcome!

Join the Choir !

Choir will resume rehearsals on Thursday, September 9!

If you enjoy music , love to sing, would like to expand your skill and repertoire and lead and encourage others in worship, then come and join the St. Alban's Choir under the wonderful direction of Darren Motise!

*"I will praise the Lord according to his righteousness and will sing praise to the name of the Lord most high."
Psalm 7:17*

The Sacrament of Baptism

All Saints' Sunday, November 7, will be the next opportunity for you or a family member to partake in the **Sacrament of Baptism.**

If you have any questions regarding Baptism: what it's about, the significance of it, who should be baptized etc. Please don't hesitate to talk with the Rev. Susan, who is more than happy to answer your questions.

If you've already been baptized, then you understand the significance of the day, and how much it means— so we encourage you to circle the date on your calendars that you may be present on that Sunday to encourage and support those brothers and sisters in Christ who will be Baptized.